

THE FESTIVAL PROGRAMME

Keynotes, workshops, roundtables and more



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ZONE	08:30	09:00	09:50	10:45	11:40	12:35		13:30	14:25	15:20	16:15	17:15	17:45 - LATE		
Main Stage	Arrival and registration	Welcome Address & Opening Keynote	Keynote	The Regulatory Landscape With the Financial Conduct Authority	Podium and keynote speakers covering the big ideas and key insights		Lunch and refreshments (From 12 till 2)	Podium and keynote speakers covering the big ideas and key insights around organic growth geopolitical and macro-economic outlooks, regulatory direction and the forces shaping the future of finance				Closing keynote	The ultimate festival finale for networking and fun. Drinks, live tunes and great company!		
The Academy		Transformation Change: Customers, Colleagues And Culture At The Heart Of Everything You Do. With Justin King CBE, businessman and former CEO of Sainsbury's	The Trust Advantage: What Elite Leadership Can Teach Advisers About Winning Client Confidence With Sir Alastair Cook, former England cricket captain, interviewed by Ben Gutteridge, Head of Market Insights, Invesco	Workshop style presentations and interactive discussions, designed to provide the practical to take back to the office tomorrow.		Workshop style presentations and interactive discussions, designed to provide the practical to take back to the office tomorrow.									
Strategy Studio				Strategic roundtables focused on technical competence, regulatory and professional excellence, designed with peer-discussion and problem solving in mind.		Strategic roundtables focused on technical competence, regulatory and professional excellence, designed with peer-discussion and problem solving in mind.									
Innovation Zone				A fintech playground showcasing the latest tools, platforms and technologies and how they can solve problems and impacts growth, cost, valuation.		A fintech playground showcasing the latest tools, platforms and technologies and how they can solve problems and impacts growth, cost, valuation.									
Wellness Hub				Sleep as a performance lever	Getting stress under control	Guided sound bath		Longevity and health span	Focus and attention		Movement and mobility	Purpose beyond work		Nutrition for energy and clarity	
Performance Lab				Judgement, clarity and control	Building trust	The art of influence		Time management	Body language		Balancing speed, risk & judgement	Resilience		Empathy & active listening	
Innovation Zone				AI co-pilot for advisers (live reports)	Future client interfaces (dashboard demos)	Turning insight into action (data visualisations)		Retirement outcomes (reality simulators)	AI vs human advice (live challenges)		Digital reputation (trust studio)	Multi-asset under stress (portfolios in motion)		Build your future firm (interactive strategy games)	
Leaders' Lounge				A private lounge open all day for senior meetings, peer benchmarking and one-to-one conversations				A private lounge open all day for senior meetings, peer benchmarking and one-to-one conversations							
Networking Nook				Peer conversations and high-value connections: Intelligent matchmaking, introductions and senior discussions				Peer conversations and high-value connections: Intelligent matchmaking, introductions and senior discussions							
Meeting Mezzanine				Speed networking, quick introductions and one-to-one				Speed networking, quick introductions and one-to-one conversations							
Wealth Way		The social and commercial heart of the Festival. A high-energy hub where delegates, sponsors and partners connect, explore the stands, engage in conversations and discover new opportunities as you move through the space.							The social and commercial heart of the Festival A high-energy hub where delegates, sponsors and partners connect, explore the stands, engage in conversations and discover new opportunities as you move through the space.						



Festival of Finance

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The Rep, 6 Centenary Square, Birmingham on 29 September 2026

Growth in wealth management is no longer being driven by markets alone. As margins tighten, client expectations rise and technology reshapes the advice model, firms are facing a fundamental challenge:

How do you scale a business built on trust, relationships and personalisation - without losing what makes it valuable?

The industry today sits in a clear paradox. Demand for advice has never been higher, yet firms are increasingly constrained by regulation, rising costs and adviser capacity. At the same time, the traditional, relationship-led model that underpins trust is often the very thing that limits scalability.

Firms are now being forced to evolve - from trusted, artisanal advice businesses to more efficient, technology-enabled and growth-focused organisations. The winners will be those that can combine human trust with operational efficiency, retaining the quality of advice while building more scalable, modern delivery models.

The Festival of Finance brings CEOs, advisers and industry leaders together to explore this tension and, critically, how to resolve it. Across keynotes, workshops and roundtables the agenda will focus on the strategies, capabilities and decisions that will define the next phase of growth.

This agenda showcases the keynotes, workshops, roundtables, soft skills, innovation and wellness sessions that you can select, depending on your priorities throughout the day.

The day is structured across a range of formats and experiences in the following dedicated spaces - each designed to help you move from insight to action:

Zone index	Page
Main Stage brings everyone together around the big questions shaping the future of the industry - from growth and client demand to regulation, markets and the advice model itself	2
The Academy delivers practical, workshop-led sessions focused on implementation - helping firms translate strategy into action	3
Strategy Studio hosts peer-led roundtables designed for deeper discussion, shared challenges and real-world problem-solving	6
Performance Lab focuses on the leadership capabilities required to perform under pressure - from communication and decision-making to influence and effectiveness	19
Wellness Hub provides space to reset, reflect and sustain performance - recognising that long-term effectiveness depends on both capability and wellbeing	21
Innovation Zone is a fintech playground showcasing the tools, platforms and technologies shaping the next generation of advice - and how they impact growth, cost and client outcomes	23



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Main Stage

Podium speakers and sponsored keynotes covering the big ideas and key insights around organic growth geopolitical and macro-economic outlooks, regulatory direction and the forces shaping the future of finance:

Keynotes

1. **WELCOME ADDRESS**

With **James Goad**, Managing Director, Owen James

2. **TRANSFORMATION CHANGE: Customers, colleagues and culture at the heart of everything you do**

With **Justin King CBE**, businessman and former CEO of Sainsbury's

3. **THE TRUST ADVANTAGE: What elite leadership can teach advisers about winning client confidence**

With **Sir Alastair Cook**, former England cricket captain, interviewed by **Ben Gutteridge**, Head of Market Insights, Invesco

4. **THE REGULATORY LANDSCAPE**

With the **Financial Conduct Authority**

5. **CLOSING KEYNOTE**

To be announced

Investment Talks

1. **The 5 keys to successful retirement income planning**

Why have a CRP; income risks – longevity, market, inflation; income risk assessment; the role of natural income; income tax optimisation and IHT

With **Premier Miton**

2. **When markets go south – how resilient is your retirement plan?**

Market resilience in decumulation; the impact of losses and withdrawals on retirement income; client psychology and behavioural resilience; income resilience during periods of stress; stress-testing retirement plans and CRPs; building a toolkit for when markets fall.

With **Milliman**



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The Academy

Workshop style presentations and interactive discussions, designed to provide the practical to take back to the office tomorrow.

1. The new IHT landscape: Beyond business relief

As IHT planning becomes more central to client conversations, advisers are increasingly balancing Business Relief with broader strategies including gifting, trusts and income planning. The challenge is no longer just tax mitigation, but aligning planning with client lifestyle, control and long-term security.

- How advisers are balancing Business Relief with gifting and cashflow-led planning
- The emerging concept of 'capacity to gift' and its role in client conversations
- How clients are weighing income security vs estate planning
- Where firms are evolving their approach to intergenerational planning
- What clients actually value when discussing legacy and wealth transfer

Expert: Puma Investments

2. The Great Wealth Shift: Winning the Next Generation Client

The UK's intergenerational wealth transfer is creating one of the biggest growth opportunities the advice profession has ever seen. But inheriting wealth doesn't automatically mean inheriting the adviser relationship. This workshop will explore how firms can use succession planning, family engagement and intergenerational conversations to build trusted relationships that span multiple generations, including:

- Why the next generation is becoming the industry's biggest growth opportunity.
- How advisers can engage families long before wealth changes hands.
- The conversations that help build trust across multiple generations.
- How IHT and succession planning can become a catalyst for broader family engagement.
- What firms are doing to improve retention as wealth transfers between generations.

Expert: TIME Investments

3. The Compounding Adviser: Unlocking firm-wide intelligence through AI

As clients increasingly arrive having already explored their questions through tools like ChatGPT, the bar for what an adviser adds has risen. The advisers who win the next decade will not be the ones who



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simply do the same work faster; they will be the ones who compound trust.

This interactive session will explore how firm-wide AI can unlock intelligence across meetings, client data and documents – showing where AI earns its place in an advice business today, and where adviser judgement still holds the pen, including:

- Why commoditised AI raises the bar for the trust relationship rather than replacing it, and what “compounding” means for the future advice firm.
- The everyday questions firm-wide AI can answer today across meetings, clients and documents – and the areas where human judgement remains critical.
- How advisers can evaluate AI-generated answers by understanding the sources and data behind the insight.
- How asking sharper questions – identifying the client, timeframe and required output – can generate more useful and actionable results from day one.

Expert: AdvisoryAI

4. The Organic Growth Divide – Is your culture helping or holding back growth?

Most firms agree that organic growth is now a strategic priority, yet many continue to struggle to convert ambition into consistent results. This interactive workshop will explore the cultural divide at the heart of many advice businesses, where leadership's drive for growth often conflicts with advisers' priorities, legacy behaviours and operating models built for servicing rather than acquisition, including:

- Why leadership teams and advisers often have different definitions of what successful growth looks like.
- How culture, incentives and operating models can quietly undermine organic growth ambitions.
- Whether firms are truly structured to acquire new clients – or simply retain existing ones.
- How AI, data and centralised growth strategies are changing the economics of client acquisition.
- The practical changes firms are making to build a scalable, growth-focused culture.

Expert: Unbiased

5. The Future Advice Proposition – Designing a business clients will choose

The traditional advice proposition is being challenged by changing client expectations, AI and increasing competition. This workshop will explore how firms are redesigning their propositions to deliver greater value, clearer differentiation and more scalable growth, including:



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- How client expectations are changing.
- What makes an advice proposition genuinely distinctive.
- Where personalisation and standardisation should coexist.
- How firms are simplifying propositions without reducing value.
- What future-ready advice businesses are doing differently.

Expert: Lifetime Tavistock Plc

Strategy Studio

Strategic roundtables focused on technical competence, regulatory and professional excellence, designed with peer-discussion and problem solving in mind:

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BUILDING THE FUTURE FIRM

1. Organic growth in a slower world – where will the next wave come from?

Growth is no longer being driven by markets alone. As macro conditions become less supportive, firms must rethink how they generate sustainable, controllable growth. This session will explore:

- How reduced market beta is exposing the reality of underlying growth
- Which client segments and behaviours are driving organic flows
- How geopolitics and fiscal pressure are shaping client decisions
- Whether firms are structurally over-reliant on market performance

2. The advice firm of 2030 – building the future-fit business

What must change now? This session will explore:

- What the future firm looks like
- Which capabilities will define winners
- What leaders need to prioritise today

Expert: Lifetime Tavistock Plc



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3. The organic growth playbook – what's working and what isn't?

With M&A slowing and valuations shifting, firms are under pressure to deliver growth from within. This session will explore:

- Which growth levers are genuinely delivering (referrals, pricing, segmentation, proposition)
- How leading firms are increasing aum per adviser
- Where growth is being lost across the client lifecycle
- How firms are creating accountability for growth internally

Expert: Frank Parsons, H & Z Consultancy Ltd

WINNING TOMORROW'S CLIENTS

4. Pricing for growth – aligning fees, value and client expectations

Are firms charging the right clients the right way? This session will explore:

- Whether pricing reflects actual delivery and value
- Where firms are under or over-charging
- How pricing strategy links to growth and segmentation

Expert: Alex Marshall, CIL Strategy Consultants Ltd

5. Winning new clients – what has changed and what still works?

Client acquisition is becoming harder, slower and more competitive. This session will explore:

- How client expectations and behaviours are evolving
- Which acquisition channels are genuinely working today
- How trust, brand and digital presence influence conversion
- Whether firms are targeting the right client segments

6. The next generation client – winning tomorrow's wealth holders

Are firms ready for them? This session will explore:

- How expectations differ across generations
- What younger clients actually value (and reject)
- Whether firms are designing for future or legacy clients

Expert: Artur Fabri, EY



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7. The trust equation – what drives client confidence, loyalty and referrals?

What actually drives client decisions today? This session will explore:

- How trust is built, lost and transferred
- The role of brand, reviews and referrals
- How trust translates into growth

MERGERS & ACQUISITIONS

8. Scaling without breaking – protecting culture, clients and performance through growth

What happens when growth actually arrives? This session will explore:

- Where operating models fail under growth pressure
- How firms maintain service quality at scale
- What breaks first: people, tech or process

Expert: Kath Harvey, The Jigsaw Tree

PEOPLE & PRODUCTIVITY

9. The productivity challenge – can firms grow without hiring?

Growth is often constrained by adviser capacity rather than demand. This session will explore:

- How firms are increasing adviser productivity and capacity
- What the optimal adviser-to-client model looks like
- How roles are evolving (paraplanners, AI, support)
- Whether firms are structurally inefficient

10. Leading through change – what does the future leader look like?

What needs to be done differently? This session will explore:

- How leadership roles are evolving
- Where firms are underestimating change
- How to lead transformation without losing the business

Expert: Andy Nicol, ABSTRACT



RETIREMENT, TAX & BUSINESS RELIEF

11. The investment engine behind retirement advice

As more clients move from accumulation to decumulation, retirement income has become one of the most complex and commercially critical challenges for wealth managers. Yet many portfolio construction approaches remain rooted in accumulation thinking, with limited adaptation for the realities of income, sequencing risk and longevity.

This roundtable will explore how firms are evolving their approach to retirement income, and whether traditional multi-asset portfolios are fit for purpose in delivering sustainable outcomes, including:

- How advice models need to adapt across accumulation and decumulation, and the opportunity this creates for financial planning
- Portfolio construction approaches designed for effective decumulation, including income stability, drawdown and sequencing risk
- Traditional assumptions around multi-asset strategies in retirement portfolios
- The role of alternative income sources and whether new tools – including option-based strategies – can support more consistent outcomes
- How firms balance simplicity, transparency and scalability when designing retirement income solution

Expert: Invesco

12. Layering in retirement planning – managing interconnected risks

Retirement has fundamentally changed. Clients are now funding 30 – 40 year horizons, where sequencing, longevity, inflation, legislative, and behavioural risks no longer act in isolation but compound over time. Traditional “one-pot” portfolios, and the equity – bond diversification they rely on, are increasingly challenged to deliver income, growth, and stability simultaneously.

This session explores layering as a more resilient and client-friendly approach. It assigns distinct roles – living, lifestyle, and legacy – to different parts of the portfolio, helping manage the inherent uncertainty of a multi-decade retirement.

- Where are one-pot strategies breaking down, and what is replacing them?
- How can the living / lifestyle / legacy framework be made tangible without overwhelming clients?
- Which interconnected risk – sequencing, longevity, inflation, or behaviour – is currently the hardest to manage?
- What does genuine flexibility look like, including the role of income floors, buffers, guardrails, and scenario testing?

Expert: M&G



13. The new IHT landscape – is it time for a Great Wrapper Reset?

Pensions enter the IHT net from April 2027 and advisers are being challenged to rethink long-established planning assumptions.

This session will explore:

- Should advisers be turning traditional withdrawal strategies on their head?
- How changing tax rules are influencing wrapper selection
- The challenges faced by advisers in a more complex tax landscape.

Expert: Lisa Webster, Senior Technical Consultant, AJ Bell

REGULATION

14. The future regulatory landscape – what do the new FCA proposals really mean?

The FCA's proposals to simplify pensions and investment advice rules could reshape how firms deliver and evidence advice. While intended to improve access and reduce burden, the implications for operating models, risk and client outcomes remain unclear. This session will explore:

- What the proposed changes mean in practice for advice firms
- Whether simplification genuinely reduces cost or shifts risk elsewhere
- How firms should respond to evolving expectations around servicing and suitability
- What this means for growth, segmentation and client engagement

15. The FCA Small Firms Guide – what good looks like in practice

For many smaller advice firms, the challenge is no longer understanding regulation, but implementing it proportionately while continuing to grow. This session will explore how the guide can help firms strengthen governance, improve client outcomes and focus their compliance efforts where they add the greatest value, including:

- The practical themes and expectations within the Financial Advisers – Small Firms Guide.
- How smaller firms can apply regulation proportionately without creating unnecessary complexity.
- Common governance, oversight and Consumer Duty challenges facing advice firms today.
- Practical steps firms can take to strengthen compliance while supporting sustainable growth.
- Questions directly to the FCA on implementation, priorities and emerging areas of focus.

Expert: The FCA



INVESTMENT & ASSET MANAGEMENT

16. Centralised Propositions – growth enabler or constraint?

Centralised investment propositions and MPS models have helped advice firms create consistency, efficiency and scale. But as firms look to differentiate, deepen client relationships and support increasingly complex needs, are standardised models now becoming a constraint?

This session will explore:

- Whether centralised propositions improve scalability or risk limiting client outcomes.
- How firms balance operational efficiency with flexibility and personalisation.
- Where investment propositions risk becoming commoditised.
- How advisers can demonstrate differentiation and value within a scaled model.
- What the next generation of client propositions could look like.

Expert: SEI

17. Alpha is in the advice – redefining value beyond the portfolio

As investment propositions become increasingly standardised and technology continues to improve investment implementation, where will advisers create genuine differentiation in the future?

- This session will explore how the role of the adviser is evolving beyond portfolio construction, and how technology, data and stronger investment partnerships can help deliver better client outcomes and create value that extends beyond investment performance, including:
- Why investment alpha alone is no longer enough to differentiate an advice proposition.
- How technology and data are changing the relationship between advisers and investment partners.
- Where advisers create the greatest value beyond portfolio management.
- How investment implementation supports better long-term client outcomes.
- What the next generation of adviser-investment partnerships should look like.

Expert: Pacific AM

18. Alternatives in practice – building more resilient portfolios

Traditional portfolio construction is being challenged by persistent inflation, geopolitical uncertainty and changing market dynamics. As firms look beyond the traditional 60/40 approach, alternatives are becoming an increasingly important part of building resilient portfolios – but knowing where they



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genuinely add value remains a key challenge. This session will explore:

- Where alternatives can genuinely improve diversification and long-term portfolio resilience.
- Which asset classes are moving into the mainstream – and which remain difficult to justify.
- How advisers can balance complexity, liquidity and client understanding.
- Where alternatives are most appropriate across different client objectives and time horizons.
- How firms are integrating alternatives into scalable investment propositions.

Expert: RBC Brewin Dolphin

VALUES-BASED INVESTING

19. The Spectrum of Capital – bringing philanthropy, impact and purpose into client conversations

Client expectations are evolving beyond traditional investment returns, with increasing interest in philanthropy, impact and values-led allocation. For firms, this creates both an opportunity to deepen relationships and a challenge in navigating complexity, suitability and credibility. This session will explore:

- How leading firms are structuring conversations across philanthropy, impact and traditional investing
- Where values-based discussions are genuinely driving deeper client engagement and share of wall
- How firms balance commercial outcomes with purpose-led advice
- What 'good' looks like in integrating the full spectrum of capital into client strategies
- Whether this is a differentiator – or becoming a baseline expectation

Expert: Philanthropy Impact

TECHNOLOGY & INNOVATION

20. AI in advice – from trial to transformation

AI is rapidly reshaping financial advice – but moving from experimentation to meaningful impact isn't straightforward. In this session, we'll explore how to turn AI pilots into scalable value, drawing on real-world experience within our in-house financial planning firm.

This session will discuss the limitations of standalone tools, the risks around data security and third-party providers, and the challenge of stitching together multiple systems. Crucially, we'll highlight how more integrated approaches can drive efficiency across advice, compliance and operations – helping firms future-proof their technology while maintaining control over cost, data and client outcomes, in



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order to:

- Understand when and how AI can add genuine value to your business
- Identify key questions to challenge providers on before adopting new tools
- Understand the operational impact of fragmented vs integrated technology
- Explore practical ways to maintain control over data, costs and long-term flexibility

Expert: Benchmark Capital

21. Winning the data game – turning information into intelligence

Data is becoming the key determinant of growth and valuation but insight still isn't driving action. This session will explore:

- Why firms struggle to operationalise data
- What good looks like in data-led decision making
- How to link data to growth outcomes
- How data ownership links to client ownership and revenue
- Where firms are losing control across platforms and providers
- How data fragmentation limits growth and personalisation
- What CEOs should prioritise to build data advantage

Expert: Defaqto

22. The future advice tech stack – designing the connected firm

Technology has become the operating backbone of the modern advice business, yet many firms continue to build their technology around individual systems rather than an integrated operating model. As client expectations evolve and firms invest in digital transformation, leaders must decide what the technology architecture of the future should look like. This session will explore:

- What a truly connected advice technology ecosystem looks like.
- Whether firms should build, buy or consolidate their technology platforms.
- How CRM, planning, platform and client engagement technologies should work together.
- How to avoid creating future legacy systems while remaining agile.
- The key technology decisions firms need to make today to support long-term growth and scalability.

Expert: Nicky Sevel, Woven Advice



23. The risk illusion – understanding cybercrime and protecting the future firm

As advice firms become more digital and interconnected, cyber risk is shifting from an IT issue to a board-level concern. Yet many firms remain underprepared for both the financial and reputational impact of a breach. This session will explore:

- Where firms are most exposed across platforms, providers and internal systems
- How cyber risk is evolving with AI, outsourcing and data fragmentation
- What 'good' looks like in cyber resilience for advice firms
- How leaders should balance protection, cost and operational complexity

Expert: Foxtech

Performance Lab

A focus on the leadership capabilities that underpin better decisions, stronger communication and more effective performance in high-stakes environments:

1. Happier Teams Are Better Teams – learn how to make your teams happier so they perform better and stay longer.

In wealth management, success depends on building a team of advisers who stay, perform and keep clients close. When team members report being happier at work, they stay longer and perform better, yet wellbeing is often treated as a perk rather than a strategic initiative. In this roundtable you will learn the real drivers of workplace happiness, a simple framework you can use and actionable steps you can implement the next day to improve team performance.

This session will explore:

- What really drives happiness and performance at work, and what doesn't
- Why most wellbeing spend misses the mark, and how to target it
- How to diagnose what your own firm is missing, live, during the session and learn what to do about it.

Expect a short framework, a quick diagnostic of your own firm and a peer discussion that sends you away with two or three changes you can apply straight away.

Expert: Richard Clarke, The Workplace Happiness Expert

2. The Operating System of High Performance – where the foundations of focus, resilience and peak performance are really formed

We spend our careers improving what we do. But how often do we improve the foundation from which we do it?



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This session will challenge conventional thinking, encourage reflection and leave participants with practical ways to strengthen each of them in today's demanding leadership environment, by exploring:

- The hidden origins of exceptional performance, when focus, resilience and the ability to perform under pressure are really shaped.
- Why attention is a leader's most valuable asset, and how protecting and sharpening it leads to clearer thinking, better judgement and stronger performance.
- The hidden cost of constant busyness and why uninterrupted thinking may be one of leadership's greatest competitive advantages.
- The hidden drivers that shape how leaders think, respond and perform under pressure.
- Simple yet powerful techniques to strengthen focus, resilience and performance in high-pressure environments.

Expert: Jowita Penkala, Behavioural Change & Chronic Health Specialist

3. Sleep Under Pressure – the driver of leadership performance

High-performing professionals often focus on improving productivity, resilience and decision-making, yet overlook one of the biggest influences on all three: sleep. This session will examine its impact on leadership performance, including:

- Why sleep is one of the strongest predictors of judgement, decision-making and cognitive performance.
- How poor sleep quietly affects emotional regulation, resilience and leadership under pressure.
- Why sustainable high performance is built on awareness rather than unrealistic optimisation.
- How understanding your own biology can help you make better decisions about your performance and wellbeing.

Expert: Nicole Ratcliffe, The Work Sleep Coach



Wellness Hub

A dedicated space for wellbeing and personal growth:

1. Move, Breathe, Reset – mindful movement for a clearer mind

Designed for busy professionals who spend much of their working day operating at pace, this immersive session creates an opportunity to release physical tension, slow down and reconnect with the body.

Through gentle movement and simple breathing techniques, delegates will be guided through practices that can be used back at work when pressure builds, including:

- Gentle mindful movement to release tension and break the cycle of sitting and screen time
- Simple breathing techniques to help create a sense of calm and focus
- Practical ways to reset before demanding meetings, conversations or decisions

No previous experience is required and the session is designed to be accessible whatever your level of fitness or familiarity with breathwork and mindful movement.

2. Sound Reset – switch off, slow down and recharge

This immersive sound bath and guided relaxation session is designed to calm the nervous system, reduce stress and give your mind a rare opportunity to completely switch off.

Using crystal singing bowls, Himalayan bowls, chimes and other therapeutic instruments alongside gentle guided relaxation, the session will create a restorative space away from the noise and stimulation of the day, helping you return feeling calmer, refreshed and refocused. During this 45-minute experience, you will:

- Disconnect from the demands and distractions of the day
- Experience an immersive sound bath using a range of therapeutic instruments
- Receive guided relaxation to help quieten a busy mind, slow down and reset

With Sharon Houton, Echobliss Sound Therapy Ltd

No previous experience of sound baths are required. Sharon will explain the process before the session and advise delegates of any relevant considerations or contraindications beforehand.

3. The Acupuncture Reset – 45 minutes to slow down and recharge

In this small-group experience, delegates will be introduced to the NADA (National Acupuncture Detoxification Association) protocol, commonly used as a complementary approach to relaxation and wellbeing which uses five ear points to restore calm and balance and support emotional regulation,



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detox processes and sleep.

The session will provide an opportunity to sit quietly, disconnect from the stimulation of the Festival and experience a period of restorative rest.

With Lynn Erasmus, founder, Pathfinder CIC

No previous experience of acupuncture is required. Lynn will explain the process before the session and advise delegates of any relevant considerations or contraindications before treatment

Innovation Zone

A fintech playground showcasing the latest tools, platforms and technologies and how they can solve problems.

Tech Talks

1. Designing, automating and monitoring tech workflows for growth

How firms can harness AI and innovation through smarter workflow design, robust governance, seamless integration and effective change management to deliver lasting business value.

With Helen Clark, Founder, Mint Blue Consulting